Radish

While some think its taste is too strong, radishes add some spice to your life!

Try it!
This peppery and slightly sweet tasting veggie is great to munch on with dip!



Fun Facts:

- Like a carrot, the radish is a root!
- Radishes come in different colors white, yellow, pink, red, purple, and black!

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Nutrition
Your heart loves
radishes! Radishes
contain nutrients that
keep your heart
pumping and reduce
the risk of heart
disease.